

**Please read the device user's manual and the garment instructions before use.**  
**Lower back placement is not reflective of all other placements.**

**Instructions For Use:**

1. Skin must always be clean, dry, and free from lotion.
2. Do not apply to broken skin.
3. Lay garment flat with conductive zones facing up.
4. Remove liner from the GRID side of the electrodes.
5. Place all four electrodes GRID side down within the appropriate outlines on the garment.



**CAUTION: The electrode must cover each conductive zone before use.**

6. Remove remaining liner and save.
7. Apply garment by aligning the electrode appropriately on the skin. Once secured, do not adjust positioning as the electrodes may roll up.
8. Attach stimulation device to garment.
9. Turn stimulator on; adjust according to the stimulator instructions for use.
10. When stimulation session is complete, turn stimulator **off**.

**Instructions for Storage:**

11. Remove garment. Electrodes will lift off skin and stay attached to the garment.
12. Electrodes remain on garment for storage.
13. Replace **saved** protective liner on electrode. Be sure to place the **'ON'** side against the electrode surface before folding garment for storage.
14. Roll garment up and store in package until next treatment.

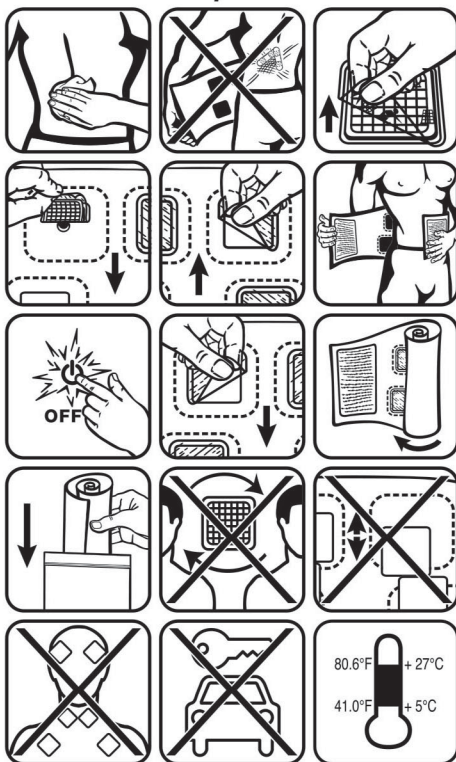
**Caution: Electrodes not firmly attached to the skin greatly increases the chance of burns and other adverse reactions.**

**Warnings and Precautions:**

⚠ For all relevant hazards, contraindications, warnings, precautions and adverse side effects, refer to the stimulator device user's manual.

- Keep electrodes out of the reach of children.
- Electrodes are intended for single person use only.
- DO NOT use electrodes that are the wrong size or shape for your device, or incorrectly applied. This could result in skin irritation or thermal burns.
- Keep electrodes separated during treatment.
- DO NOT apply to broken skin. Should a skin rash or skin burn occur, immediately discontinue use and contact your physician.
- DO NOT exceed an intensity of 0.1 Watt/cm<sup>2</sup>.
- DO NOT apply electrodes across the head, or across the heart, or on the front of the neck.
- DO NOT stimulate while driving or operating machinery.

**NOTE:** The life of the electrode varies depending on skin conditions, skin preparation, type of stimulation, storage and climate. Please read the stimulator device user's manual thoroughly before use.



**This product is not made with natural rubber latex.**

Made in USA  
Patented

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for DJO, LLC



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